Registration and Payment

Please complete one form per person (OK to photocopy and give to friends). Don't forget to sign the release and return it with your registration form.

Name

Address

Citv

State Zip Code

Area Code Telephone

Please choose Route:

_____ Route 1 Lackawanna River Heritage Trail Ride/WalkRoute Walk (Olive Street Trailhead, Scranton to Taylor Yards) (up to 7 miles)

Route 2 Scranton H.S. to Valley View Elementary School (15 miles)

_____ Route 2A (Alternative Route to Valley View Elementary School) Utilizing the Lackawanna River Heritage Trail (LRHT) along the Lackawanna River (15 miles)

Route 3 Scranton H.S. to Carbondale YMCA Community Park (rear 89 N. Main Street, behind Nikki's at the Ben-Mar Restaurant, John Street Trailhead) This rest stop replaces Carbondale H.S.) (33 miles)

_____ Route 3A (Alternative Route to Carbondale utilizing the LHRT along the Lackawanna River) (33 miles)

Route 4 Scranton High School to Forest CIty High School (46 miles)

_____ Route 4A (Alternative Route to Forest City Trailhead utilizing either Route 3 or Route 3A, to John Street Trailhead/YMCA Recreational Park. Then taking the LRHT out of the YMCA Community Park to Simpson Intersecting with the D&W Trail to Forest City Trailhead (7 miles) (46 miles)

__ Route 5 Begins at Scranton H.S. - Metric Century (65 miles)

Age

Youth T-shirt	S	_	L	
Adult T-shirt	S	М	L	XL
	2XL	3XL	4XL	5XL

Payment Enclosed

	By Sept. 21st	Day of Even
Walk	\$20	\$25
Bike	\$40	\$45
Family	\$60	\$65
(Parents with	students thru High Scho	ol)
Student	\$20	\$25
(thru High Scl	nool)	

Register online at www.tourdescranton.org or *Return this form and release by Sept. 21, 2023* Make check payable to: **"Erin's Fund"** *Mail completed form and release to:* **TOUR DE SCRANTON** 1328 Myrtle Street • Scranton, PA 18510



PREREGISTERED PARTICIPANTS ARE ENCOURAGED TO PICK UP THEIR RIDE/WALK PACKETS ON SATURDAY, SEPTEMBER 23rd, BETWEEN 1:00 AND 3:00 pm AT SCRANTON HIGH SCHOOL. PREREGISTERED PARTICIPANTS AND THOSE WHO WISH TO REGISTER MAY ALSO PICK UP THEIR RIDE/WALK PACKETS ON SUNDAY SEPTEMBER 24th AT 9:00 am AT SCRANTON HIGH SCHOOL

All routes are fully supported with multiple rest stops with refreshments and restrooms. Rest stops will not begin to open until after 9:30 am.

All Routes are available on Smart Phones via the navigation apps, "Ride with GPS" and "STRAVA". Basic subscriptions may be required.

Riverwalk

Along the Lackawanna River Heritage Trail, walkers may use a leisurely pace or an invigorating stroll.

Registration: 9:00am at Scranton High School Walk: Starts at 10:00am following the Bike start

Can't Walk / Ride
But, Please accept my donation of_____

Post food will be available to bike and walk participants at Scranton High School.

Proceeds benefit The Erin Jessica Moreken Drug and Alcohol Treatment Fund, Inc.

For info go to www.tourdescranton.org



The Tour de Scranton....

The Tour de Scranton is an annual non-competitive bike ride for riders of every age and skill level. Designed with a selection of routes and distances, catering to both the novice and experienced rider, anyone can bring a bicycle and join in the fun. The Tour de Scranton also benefits an extremely good cause.... The Erin Jessica Moreken Drug & Alcohol Treatment Fund, Inc. This fund was established in 2002 in memory of Erin, who died at the age of 28 following a drug overdose. Participants are eligible to win one of several bikes, and one of many gift certificates or prizes which will be awarded. The bike ride will be monitored from start to finish by adult volunteers and cyclists at regular check points. It is a safe and enjoyable way to have fun and raise the much needed funding to assist young people who are struggling with their substance use disorder.

The Erin Jessica Moreken Drug and Alcohol Treatment Fund, Inc.

Each year through this event, we have been able to offer high school scholarships to help worthy seniors who are going on to post high school education, despite the dysfunction in their homes because of drugs or alcohol. Erin's Fund has provided rent money for candidates who have completed Treatment Court and are moving to a Sober Home. In addition, Erin's Fund has brought inspirational speakers such as Chris Herren to the community at no charge so that others can hear his positive message of overcoming his Drug and Alcohol Addiction. Pledges to Erin's Fund will help to fulfill our Mission Statement: "The Erin Jessica Moreken Drug & Alcohol Treatment Fund, Inc. was established to provide charitable gifts to qualified individuals, organizations, and families whose members have been impacted directly or indirectly by their substance use disorder."

Tour de Scranton Bike Ride and Fun Walk provide a healthy day out for all participants and will benefit an extremely good cause...

> THE ERIN JESSICA MOREKEN DRUG AND ALCOHOL TREATMENT FUND, INC.

The Erin Jessica Moreken Drug and Alcohol Treatment Fund, Inc.

Erin Jessica Moreken was a resident of our area, graduate of Scranton High School, and student at Temple University, when she met a premature death at the age of twenty eight due to a drug overdose.

The Tour de Scranton is held each year in her memory, so that young people of our region may live their lives and achieve their dreams by conquering their substance use disorder.



Release

(must be signed in order to walk/ride)

In consideration of my being able to participate in this event, I hereby for myself, my heirs, executors, administrators and assigns, waive, release and forever discharge any and all claims I may now or in the future have against the Erin Jessica Moreken Drug and Alcohol Treatment Fund, Inc., its administrators, event volunteers, sponsors and any other persons connected with this walk/ride, for any liability, for personal injury, illness, death, or property damage sustained by me resulting from my participation in this walk/ride except to the extent that it is caused by gross negligence. In the event that such injury, illness, death or damage is caused by gross negligence, this release remains operative as to any released person or entity which was not grossly negligent.

Further, as a participant in this walk/ride, I assure the following:

1. I am in good health and able to complete the walk/ride.

2. I am able to participate in this walk/ride and am sufficiently prepared and experienced to walk/ride.

3. I understand that participants under the age of 16 must be closely supervised by an adult at all times during the walk/ride.

4. If injured or disabled on the walk/ride, or if I cause any injury, loss or damage, I will promptly alert the walk organizers.

5. I have read and understand all of the above rules and walk/ride practices.

6. I also agree to the use of film, photo, or videotape of the event for any purpose.

Date	
Signature of Applicant	
Print Name:	
Signature of Parent or Guardian if	funder 18
Signature of Parent or Guardian if Print Name:	`under 18 Relationship

Emergency Phone: